

The Saratoga Series

Saratoga Springs

Friday May 26 through Monday May 29, 2023



FULL TOUR ITINERARY AND INFORMATION

The Saratoga Series is a four-day series of supported and guided rides over Memorial Day Weekend. Each ride begins at the [Hampton Inn Saratoga Springs Downtown](#). All rides are one-way and end at a scenic destination, and you are shuttled back to the hotel with your bike. Hotel rooms and meals are included in the various tour packages. You can have a non-riding spouse/friend/etc join for an additional fee and they can stay at the hotel with you and take part in the group dinners. [Discover Saratoga](#) offers destination guides and maps (with discount passes) for anyone who is not riding.

Pricing

Tour participants can select any combination of dates within the itinerary and the tour price is prorated based on the individualized itinerary. There are four different pricing types:

- Double Occupancy - This is the cost per person if you are sharing a hotel room with one other ride participant.
- Single - This is the cost per person for a ride participant staying in a hotel room by themselves
- Non-riding extra person - This is the cost per person for a spouse, friend or other companion to share a hotel room with a ride participant and attend group dinners, but not participate in the rides. This person would be on their own during the day and can visit local area attractions.
- Local - This is the cost per person for a local person who wants to do the ride, and will just come for the day and not stay at the hotel or have the dinner.

Prices below are subject to NYS Sales Tax.

May 26	May 27	May 28	May 29			Price per person	
				"Double Occupancy"	Single	Non-riding extra person	Local - no hotel room
X	X	X	X	\$1,795	\$2,295	\$750	\$1,095
	X	X	X	\$1,395	\$1,695	\$525	\$925
X	X	X		\$1,325	\$1,650	\$500	\$875
X	X			\$775	\$950	\$250	\$550
		X	X	\$825	\$995	\$275	\$595
	X	X		\$895	\$1,075	\$295	\$675

[Contact Gotham Bike Tours for more information or to start your reservation](#)

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What is included?

Tour packages include hotel accommodations, breakfast, lunch and dinner. During the rides, vehicle support/rider assistance will be provided along with rest stops and refreshments. Since all rides begin in downtown Saratoga Springs and end somewhere else, transportation is arranged to get you back.

Opt-out: If you would prefer to “opt-out” of group dinners, there are always plenty of options to get meals on your own. Your tour cost will be discounted based on the meals you wish to skip.

What is not included?

The tour is set up for you to bring your own bike. Hybrid bikes are recommended due to dirt roads and paths in some locations. Rental bikes can be added to any package. Costs for rental bikes vary depending number of days you are riding

Amtrak fares to get to/from the ride and hotel parking charges (\$18 per day) are not included.

Wine tastings are not included if you choose to stop at a winery.

Deposits, Payments and Price Changes

The tour deposit to hold your place is \$300 and is non-refundable.

The final payment is due by April 10, 2023 and is non-refundable after that.

Payments may be made by credit card or personal check. Credit card transaction fees apply. If you pay by check there are no fees

Sign-up early! You may want to use Amtrak to get to or from the ride and Amtrak has limited space for bikes on each train. You may not be able to book a ticket for your bike on Amtrak if you wait too long.

Reserve your spot

Contact Gotham Bike Tours for more information or to start your reservation. Email Lukas at lukas@gothambiketours.com

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Day 1 - Warm-Up Ride - Tour of the Springs

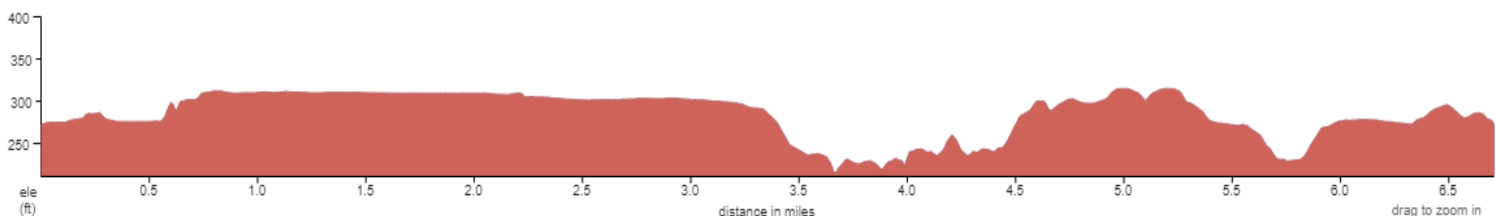
Friday May 26: Late afternoon/early evening local bike tour of Saratoga Springs and the various springs. 7 miles, relatively flat. Bike paths and city streets. All paved surfaces

You can check into your hotel room as early as 3 p.m. and still have time to get out and enjoy the local sights in the City of Saratoga Springs, whose well known slogan is Health, History and Horses. While you'll see plenty from each category over the holiday weekend, this first ride will focus on "health" and give you an up-close tour of the 17 public mineral springs that are famed for their health benefits and drove tourism to this city as far back as the 19th century. Our route will take you past most of these springs and you can taste the water from each and decide which one is your favorite.

Most of the ride focuses on Saratoga Spa State Park, where most of the springs are located. The Roosevelt Baths and the Gideon Putnam Resort are located within the park and can be visited when you are not riding.

Meals included: Dinner at [PJ's BAR-B-QSA](#)

Elevation profile: Flat roads and bike paths. Once you are inside Saratoga Spa State Park, there is a little up and down as you bike to the various springs



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Day 2 - Saratoga Battlefield. Horses and Wine

Saturday May 27: 41 miles all on paved roads. Rolling terrain with some climbs

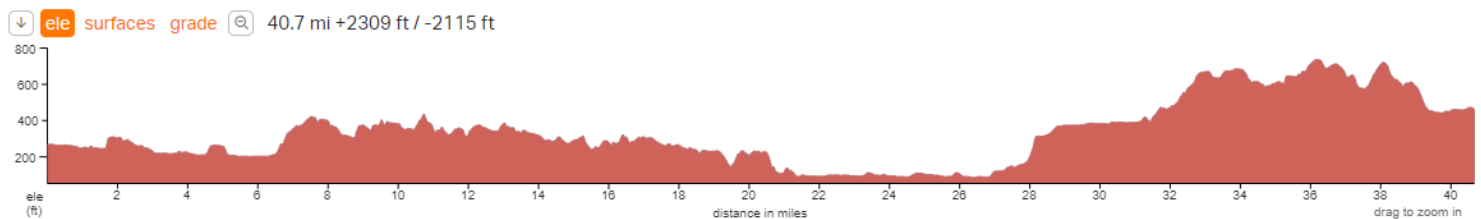
The first 13 miles of the ride are generally flat as you use a bike path and local roads to exit Saratoga Springs. We will skirt the edge of Saratoga Lake first before we make our first climb to [Saratoga National Historical Park](#). This beautiful site was the location of one of the most important battles of the Revolutionary War. The roadways within the historical park are great for cycling, with low traffic volumes and beautiful views. As you exit the park, it will be a nice downhill ride to the Hudson River below where we'll have a picnic lunch right along the water.

After lunch, the ride uses an on-road section of the Empire State Trail that goes along the Hudson River to the Village of Stillwater where there is a bridge that will take you across to the other side. There will be a climb as you move east from the Hudson River into the Village of Schaghticoke. Then you will head north through horse farm country with sweeping, beautiful views. There will be one more climb as you approach two wineries that you can stop and visit. The ride ends at [Victory View Vineyard](#) where you can enjoy a wine tasting or simply enjoy the view. We will drive you back to Saratoga Springs from here. Then relax and clean up at the hotel and join us for a group dinner that is walking distance from the hotel.

Meals included: Breakfast, lunch and dinner

Dinner: [Hattie's Restaurant](#)

Elevation profile: All paved roads. Level at the beginning with some climbing later.



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Day 3 - One-Way Ride to Lake George

Sunday May 28: 49 miles on a combination of roads and bike paths. Some road and bike path segments are unpaved.

This is a spectacular and blissful ride from Saratoga Springs to Lake George, the gateway to the Adirondack Mountains. Lake George played a strategic role in the American Revolution and it is an area filled with history and wonder.

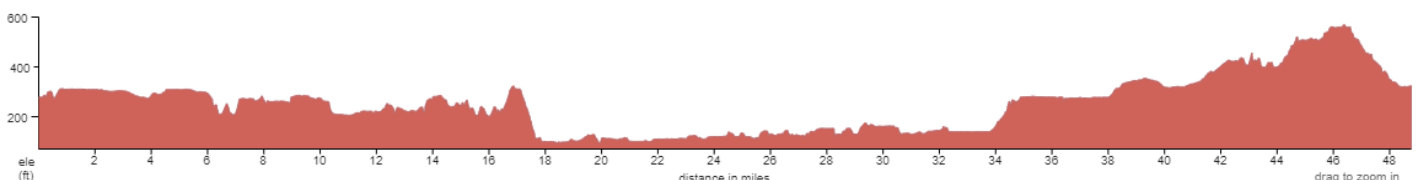
If you missed our tour of the springs on Thursday, this ride begins with a similar route through Saratoga Spa State Park where you can fill up your water bottle at one of the springs as you head out. It's another beautiful ride through the horse country of Saratoga County before you reach the Saratoga Monument in Schuylerville where we will have a rest stop with breathtaking views. Then plunge downhill and ride north along the Hudson River on the Empire State Trail, which uses off-street bike paths, quiet dirt roads and paved roads, often times with direct views of the Hudson River or Champlain Canal. We will have another nice picnic lunch by a canal lock in the Village of Fort Edward. From there we switch trails to the Warren County Bikeway. This is one of our favorite bike paths: it starts out as a stone-dust surfaced trail along the historic Feeder Canal which connects the Hudson River in Glens Falls to the Champlain Canal in Fort Edward. Then, after passing through the City of Glens Falls, it becomes a paved rail-trail bike path that takes you directly to the south end of Lake George. It has got to be one of the most scenic endings to any bike ride ever. They don't call it Million Dollar Beach for nothing.

After you've taken your selfies by the lake, we'll drive everyone back to the hotel in Saratoga Springs. Like the day before, you'll have a little time to settle in and clean up and then we'll walk to another restaurant for a group dinner

Meals included: Breakfast, lunch and dinner

Dinner: [Druther's Brewing Company](#)

Elevation profile: This ride generally level with some shorter hills as you go through rolling terrain. The ride along the Hudson River is flat. The approach to Glens Falls and Lake George contains elevation gain, but it is very gradual since you are on canal or rail trail bike paths.



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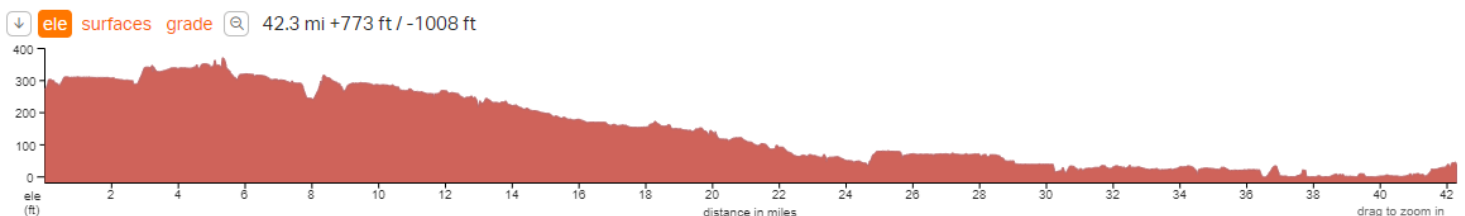
Day 4 - One-Way Ride to Albany

Monday May 29: 42 miles. Gradually downhill the entire way. Mostly on-street bike routes and paved bike paths. A few path segments are paved with stone dust.

Everyone will need to check out of the hotel in the morning and we will store your luggage for you all day in our vehicle while you do an enjoyable relaxing, mostly downhill ride to Albany. The ride starts out on bike paths within Saratoga Springs and then uses on-street bike routes to the historic Village of Ballston Spa. Here you can jump on the Zim Smith Trail, a rail trail that cruises you down to the Hudson River in Mechanicville. From there you can access the Empire State Trail for the rest of the ride to Albany. The Empire State Trail will be a mix of on-street bike routes and bike paths. Some of the bike path segments will have a stone dust surface. There are many historic sites directly along the trail as you head into Albany, making this an interesting and enjoyable ride with lots of photo opportunities, including when you arrive in downtown Albany and its mash of architectural styles.

Meals included: Breakfast and a picnic lunch are again included. However, you will be passing by the [Ugly Rooster](#) in Mechanicville around lunch time if you would rather stop there.

Elevation profile: There are hills involved in some areas as you go between the riverfront and upland areas. Bike path segments are generally flat rail trails.



How do I get home from Albany?

If you took Amtrak to the ride, it will be easier for you to get home from Albany than it was to get to Saratoga Springs. If you drove to the ride, we will offer a shuttle in the morning where you can park your car next to the trail in Albany and then we drive you back up to start the ride. You can also shorten the ride by being dropped off in Ballston Spa where the Zim Smith Trail begins.

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