

## FULL TOUR ITINERARY AND INFORMATION

### Summary

This tour is operated in two 6-day segments:

- NYC to Saratoga Springs: August 12 - August 17
- Saratoga Springs to NYC August 18 - August 23

Tour participants can select any combination of dates within the itinerary and the tour price is prorated based on the individualized itinerary. Prices below are per person “double occupancy” which means you are sharing a room. For single people who want their own rooms, there is a “single supplement” charge to cover the extra room costs. Example packages include:

**Full 6-day tour, either direction:** \$2,195 (single supplement \$450)

This is a good choice for people who want to ride the whole trail or who want to experience NYC.

**4-day tour, either direction, Brewster - Saratoga Springs:** \$1,750 (single supplement \$325)

**3-day tour, either direction, Poughkeepsie - Saratoga Springs:** \$1,350 (single sup. \$250)

These are good choices if you are from the New York City area and prefer to skip the riding closest to home. They are also good options if you are looking to focus a shorter trip on the best scenery.

**8-day “up-and-back”, start and end in Brewster.** \$3,195 (single supplement \$550)

This is a good choice if you want a longer trip that focuses on the parts furthest away from the New York Metro Region.

***Other combinations are available!***

### What is included?

Tour packages include hotel accommodations, luggage carry, and vehicle support/rider assistance each day. Meals included are breakfasts every day and lunch on all days except 1 day (in each direction). Group dinners are included on alternating days.

**Opt-out:** If you would prefer to “opt-out” of group meals, there are always plenty of options to get meals on your own. Your tour cost will be discounted based on the meals you wish to skip.

# Empire State Trail Vacation

New York City - Saratoga Springs

**GOTHAM**  
BICYCLE TOURS



## (SUMMARY CONTINUED)

### What is not included?

The tour is set up for you to bring your own bike. Hybrid bikes are recommended due to dirt roads and paths in some locations. Rental bikes can be added to any package. Costs for rental bikes vary depending on the segment you are riding, number of days, etc.

Dinners are not included on alternating days where choices for dinner on your own are plentiful. Other activities along the route, such as live music venues, attractions, etc. are also not included. Cab fare or Uber rides for these activities are also not included.

Amtrak or Metro-North Railroad fares to get to/from various ride segments are not included (see each day in the itinerary for information). If you are driving to the ride, parking is free in designated lots. However, getting back to your car, either by Amtrak or bike tour shuttle vehicle is not included. If you are using Metro-North Railroad, we have discounted tickets available.

### Deposits, Payments and Price Changes

The tour deposit to hold your place is \$500 and is non-refundable.

The remainder of the tour price is due July 31. You will be emailed an invoice detailing the final cost based on your exact tour package, opt-outs, additional charges, etc.

Payments may be made by credit card or personal check. Credit card transaction fees apply.

**Sign-up early!** This tour involves arrangements with 6 different hotels, and depending on the segments you choose, you may want to use Amtrak to get to or from the ride and Amtrak has limited space for bikes on each train. Due to the busy summer season in the Hudson Valley, room prices will go up for tour reservations made after July 15 which will be reflected in a higher tour price. You may also not be able to book a ticket for your bike on Amtrak if you wait too long.

### **Reserve your spot / Get a quote**

[Contact Gotham Bike Tours for more information or to start your reservation.](#)

# Empire State Trail Vacation

New York City - Saratoga Springs

**GOTHAM**  
BICYCLE TOURS



## Day 1 - NYC to Yonkers

**Thursday August 12**

**24 Miles, relatively flat. Bike paths and city streets. All paved surfaces**

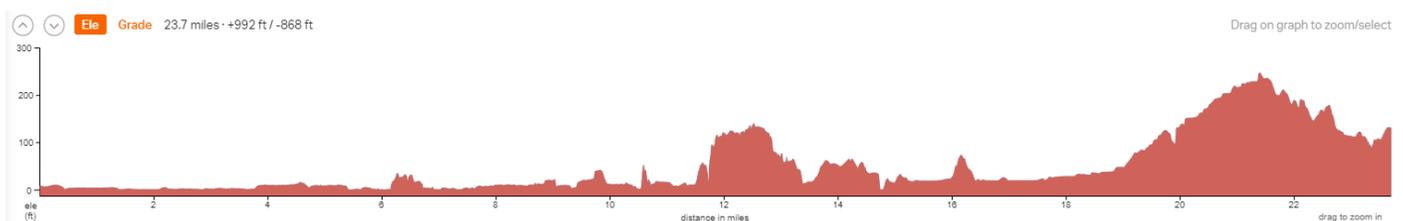
Much of the Empire State Trail in NYC is along the Hudson River Greenway in Manhattan where it begins at Battery Park and ends at Dyckman Street. After that, it is a 4-mile jumble of busy city streets before you get to the final stretch of bike path. Lukas Herbert, the owner of Gotham Bicycle Tours, will lead this day of riding to give the group a more personalized tour. Lukas is a licensed NYC sightseeing guide and has 20 years of experience working in urban planning in both NYC and the Hudson Valley and can answer any questions about the places you will be riding through.

After experiencing the sights and sounds of the city, we'll have a picnic lunch featuring the best Dominican food the city has to offer before we head back onto the bike path up to Yonkers where you can check in to your hotel. Yonkers is famous for some of the best Italian food outside of Italy itself. Join us for a group pizza dinner, cooked in a brick oven that exceeds the quality you'll find in Manhattan. Or opt-out and do dinner on your own. An inexpensive Uber ride gives you access to countless great restaurants.

**Hotel:** [Hampton Inn by Hilton, Yonkers](#)

**Meals included:** Lunch and dinner

**Elevation profile:** One hill on city streets in northern Manhattan. Gradual hill on bike path.



### **Getting there:**

**Non-local participants:** Stay at hotel the night before. You can park for free for the entire tour in this parking lot. Lukas will meet you in the morning. Depending on the group size we will take the train, drive in the support van, or a combination of the above to get to the ride start. If you want to stay in a NYC hotel the night before, use the information below.

**Local participants:** Come directly to the ride in the morning to start the tour. A bag drop will be available the night before so you don't have to carry your bags to the ride. \$20 fee for bag drop in Manhattan or free if you bring your bags to our offices (north Bronx or White Plains).

[Contact Gotham Bike Tours for more information or to start your reservation](#)

# Empire State Trail Vacation

New York City - Saratoga Springs

**GOTHAM**  
BICYCLE TOURS



## Day 2 - Lower Hudson Valley

**Friday August 13**

**46 Miles, gradual elevation changes. Almost entirely on a bike path. All paved surfaces**

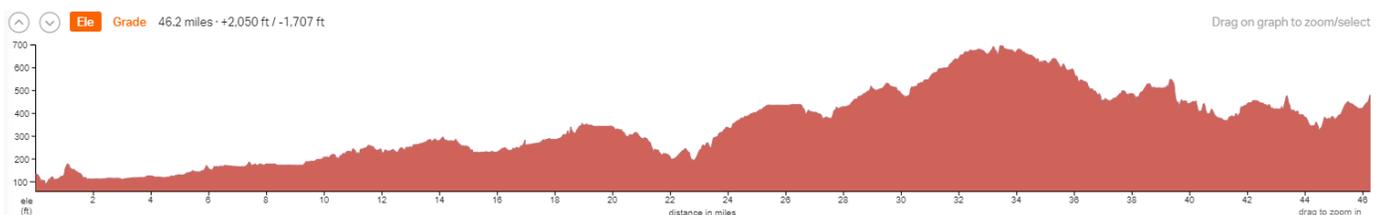
Begin your exodus from the big city on a splendid bike path that was built atop a former commuter railroad line. The Empire State Trail takes you all the way to the last stop, but only after you pass through charming villages and hamlets that are nestled amongst farms, forests and the massive reservoirs that supply water to our thirsty metropolis. Have a great picnic lunch at a historic train station. Choose from over 20 overstuffed sandwiches made to your order. Then pedal on to Brewster where you can spend the night just off the trail.

If you missed out on the Italian food the night before, there is a great Italian restaurant that is walking distance from the hotel. Or take your pick from several options that you can do on your own within a short drive of the hotel. (We will provide rides by request). End the night at an old-school billiards hall, or play mini-golf at an old-fashioned drive-in restaurant. Feel like music? We can also run you over to a nearby [music venue](#) owned by Daryl Hall (from Hall & Oates).

**Hotel:** [Comfort Inn, Brewster](#)

**Meals included:** Breakfast and lunch

**Elevation profile:** Gradual elevation changes on rail-trail bike path.



### **Getting there:**

**By Car:** Park at Hampton Inn in Yonkers and leave your car there for free for the entire tour in this parking lot.

**By Train:** Take the #1 subway to the last stop 242 Street - Van Cortlandt Park. Ride will start in the Van Cortlandt Park Golf Course parking lot (adds 6 miles)

[Contact Gotham Bike Tours for more information or to start your reservation](#)

# Empire State Trail Vacation

New York City - Saratoga Springs

**GOTHAM**  
BICYCLE TOURS



## Day 3 - Appalachian Crossing

**Saturday August 14**

**Choose between 40 and 50 Miles. Gradual elevation changes. Almost entirely on a bike path. All paved surfaces**

You may not know about New York's relationship with the Appalachian Mountains. They cross our region diagonally from southwest to northeast about 50 miles north of the city. While the Appalachian range is dwarfed by the nearby Catskills and Adirondacks, preservation efforts in this region have left it undeveloped. And once again, the Empire State Trail follows a former railroad line that once connected New England to the Hudson River. The elevation changes are gradual, and since you're far from cars and highways, the sound of nature prevails as you pass through picturesque settings. And yes, you will cross the Appalachian Trail with its famous white blazes.

Since services along this part of the Empire State Trail are remote, we'll be offering a trailside brunch featuring bagels, lox, local fruit, yogurt and more. Then you'll arrive in Poughkeepsie where the trail goes over the spectacular [Walkway Over the Hudson](#). You can stop here or keep riding if you feel like it. We'll offer a variety of end points for the day where you can be picked up and shuttled to the hotel which is in Poughkeepsie, but not next to the trail. Then after we've all settled in, we'll have another group dinner at a [local brewery](#).

**Hotel:** [Hampton Inn by Hilton. Poughkeepsie](#)

**Meals included:** Breakfast, lunch and dinner

**Elevation profile:** Gradual elevation changes on rail-trail bike path.



### **Starting on Day 3? How to get there:**

Take the 8:10 Metro-North Harlem Line train from Grand Central Terminal to Brewster. Train arrives at 9:39. You will be met at the station for bag drop and orientation and you can begin the ride right from the station. Bikes allowed on train with no reservation. Discount rail fare available for \$12.50.

[Contact Gotham Bike Tours for more information or to start your reservation](#)

# Empire State Trail Vacation

New York City - Saratoga Springs

**GOTHAM**  
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## Day 4 - Catskill Splendor

**Sunday August 15**

**Ride length can be customized from 40 to 60 miles. Combination of bike paths & local streets. Some bike paths and roads are unpaved. A few hills.**

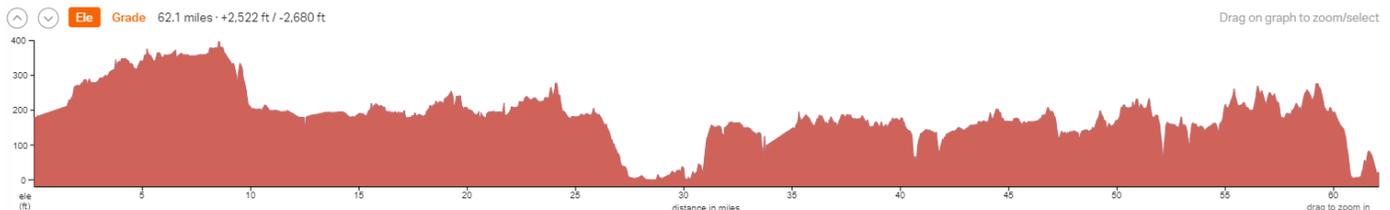
As we did the night before, we'll shuttle you back to the trail wherever you left off, or wherever you want to start. No matter what, you have a beautiful day of riding in store as you cruise alongside the Catskill Mountains which dominate the horizon to the west. This is probably the most scenic day of the tour with near-constant vistas of mountains, rivers, farms and historic areas. This is also the only day we do not bring you lunch since you'll be going through several towns with many, many choices, including a trailside cafe in the middle of the woods. You'll also get to ride over another huge railroad bridge, pass through bucolic college campuses, and end in the historic City of Hudson where we'll stay in a boutique hotel within walking distance of a number of great restaurants.

While scenic splendor is the theme of the day, you'll also need to be aware that some of the bike paths and roads you will be riding will not be paved. So for this day, you'll want to be on a hybrid bike to check it all out. If you only have a road bike, we can give you a parallel route.

**Hotel:** [The Wick, Hudson](#)

**Meals included:** Breakfast

**Elevation profile:** There are hills involved in some areas as you go between the riverfront and upland areas. Bike path segments are generally flat rail trails.



### **Starting on Day 4? How to get there:**

Take the 7:45 Metro-North Hudson Line train from Grand Central Terminal to Poughkeepsie. Train arrives at 9:48. You will be met at the station for bag drop and orientation and you can begin the ride right from the station. Bikes allowed on train with no reservation. Discount rail fare available for \$16.25

### **Ending on Day 4? How to get back:**

Amtrak 244 Empire Service departs Hudson 4:52 arrives NYC 7:05

Amtrak 64 Maple Leaf departs Hudson 7:37 arrives NYC 9:55

Prices change according to when you book. Bike space is limited, you must reserve.

[Contact Gotham Bike Tours for more information or to start your reservation](#)

# Empire State Trail Vacation

New York City - Saratoga Springs



## Day 5 - Capital Region

**Monday August 16**

**39 Miles. Mostly “stone dust” paved bike path with some roads in between. Gradual elevation changes on bike paths with downhill at the end.**

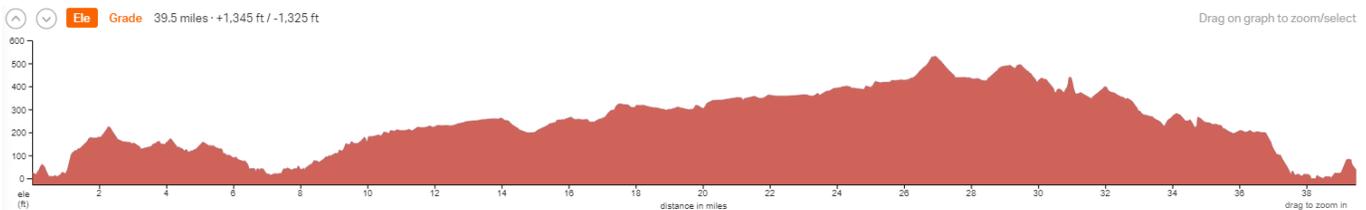
Head right out of the hotel and make your way to Albany on another great bike path built atop a former trolley line that used to carry commuters to the state capital. One of the first electric interurban trolleys in the nation, this line had a brief history of operation. But now it carries the Empire State Trail through the commuter suburbs of the capital region. It also follows the pulsing course of scenic streams and waterfalls, whose power was once harnessed for mills, and to provide the electricity for the operation of this important, yet short-lived commuter line.

After stopping for another trailside lunch, descend into Rensselaer via local streets with views of the Hudson River. Albany looms large across the bridge as you approach Empire State Plaza and its modernist design. Take a spin around its white-marbled plaza while you explore the capital complex. There’s nothing else like it. Then head to the hotel where we’ll be having fantastic soul food and barbecue from an Albany institution: [Allie B’s](#). Or opt-out and get dinner on your own, perhaps at one of the haunts favored by legislators and lobbyists.

**Hotel:** [Hampton Inn by Hilton, Albany Downtown](#)

**Meals included:** Breakfast, lunch and dinner

**Elevation profile:** Most elevation changes are very gradual due to the rail trail you will be riding on. There is a downhill as you approach the Hudson River in Albany



### **Starting on Day 5? How to get there:**

Amtrak train 63 Maple Leaf departs NYC 7:15 arrives Hudson 9:20. You will be met at the station for bag drop and orientation and you can begin the ride right from the station. Prices change according to when you book. Bike space is limited, you must reserve.

### **Ending on Day 5? How to get back:**

Amtrak 244 Empire Service departs Albany 4:30 arrives NYC 7:05

Amtrak 64 Maple Leaf departs Albany 7:15 arrives NYC 9:55

Prices change according to when you book. Bike space is limited, you must reserve.

[Contact Gotham Bike Tours for more information or to start your reservation](#)

# Empire State Trail Vacation

New York City - Saratoga Springs

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## Day 6 - Saratoga Springs

**Tuesday August 17**

**42 miles. Paved and unpaved bike paths and city streets. Gradual elevation changes on bike paths**

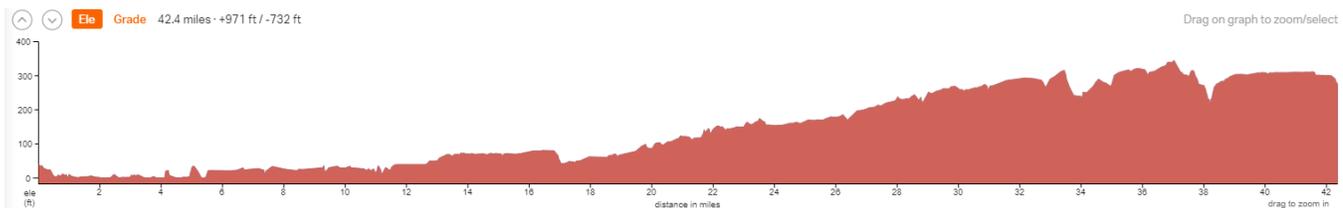
It's the last day of the northbound tour and we end it in Saratoga Springs. "Health, History and Horses" is the official slogan for this beautiful city that has long been associated with its healing waters and spas. You can also enjoy the Saratoga Performing Arts Center or visit several historic sites that date back to the American Revolution. If you are ending here, it's easy to stay on a couple of more days, then head home via Amtrak or rental car (we offer a reduced rate code from Enterprise). Or if you are arriving in Saratoga Springs to begin the tour, consider coming a few days early.

The ride goes along the Albany waterfront on a scenic bike path before changing to on street routes as you pass through the confluence of the Mohawk and Hudson Rivers. Stop and view the flight of locks where the Erie Canal begins. Then explore the unpaved Champlain Canal trail until you reach the final stretch on a paved rail-trail bike path. We'll have another picnic trailside lunch set up, with sandwiches from a locally famous deli. Then ride the last few miles through Saratoga Spa State Park to our downtown hotel that is walking distance to everything.

**Hotel:** Hampton Inn by Hilton, Downtown Saratoga Springs

**Meals included:** Breakfast and lunch

**Elevation profile:** The day is generally flat. You are on a long bike path in the second part of the day that has a very gradual uphill



### **Starting on Day 6? How to get there:**

Amtrak train 63 Maple Leaf departs NYC 7:15 arrives Albany at 9:50. You will be met at the station for bag drop and orientation and you can begin the ride right from the station. Prices change according to when you book. Bike space is limited, you must reserve.

### **Ending on Day 6? How to get back:**

Hotel in Saratoga Springs is included in most packages. We recommend staying longer and exploring this great area by bike or rental car (which you could use to drive back)  
Van shuttle back to designated parking lots for \$150 per person (with bike)  
Amtrak train service back to NYC (assuming service is restored by August)

[Contact Gotham Bike Tours for more information or to start your reservation](#)

# Empire State Trail Vacation

New York City - Saratoga Springs

**GOTHAM**  
BICYCLE TOURS



## Day 7 - Confluence of Canals

**Wednesday August 18**

**42 miles. Paved and unpaved bike paths and city streets. Gradual elevation changes on bike paths**

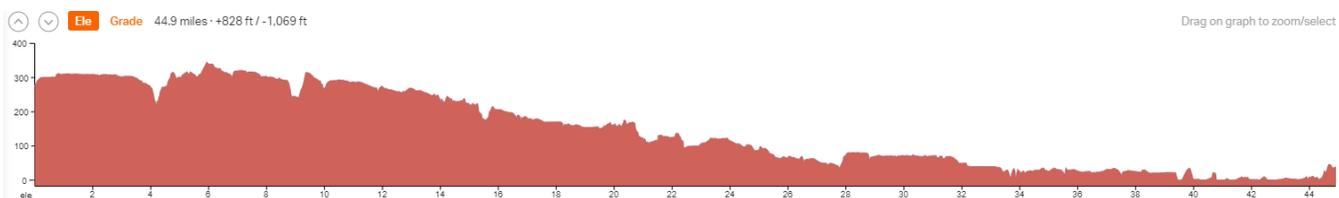
Ride out of the hotel and through Saratoga Spa State Park, perhaps stopping to fill your water bottle from some of the mineral springs you will pass. After a few miles on local roads, hop on a smoothly paved rail-trail bike path brings you to the remnants of the original Champlain Canal. Another scenic, gravel surfaced trail starts here and takes you to Peebles Island State Park which showcases the ingenuity of New York's canals as well as the industries that once thrived here where the Erie and Champlain Canals meet the Hudson River. We'll have a great picnic lunch for you on Peebles Island right along the river.

After lunch, you'll need to ride on the on-street portion of the Hudson-Mohawk Bike Hike Trail until you reach the waterfront portion that goes directly along the river. Take the pathway straight to your hotel in downtown Albany. Or explore the modern-art like Empire State Plaza on your bike. In the evening, we'll have a group dinner at the [Albany Pump Station](#). You can also opt-out of the group dinner and take an inexpensive Uber ride (or walk) to a variety of other great places.

**Hotel:** [Hampton Inn by Hilton, Albany Downtown](#)

**Meals included:** Breakfast, lunch and dinner

**Elevation profile:** The bike path you are riding for most of the day has a gradual downhill. It is mostly flat as you approach Albany



### **Starting on Day 7? How to get there:**

Take Amtrak up the day before and stay in the hotel. Or park at a designated lot the day before and use van shuttle to get to hotel. (\$150 per person with bike). Or park in Saratoga for the duration of the tour and arrange for van shuttle back at the end (\$150 per person with bike).

### **Ending on Day 7? How to get back:**

Amtrak 244 Empire Service departs Albany 4:30 arrives NYC 7:05

Amtrak 64 Maple Leaf departs Albany 7:15 arrives NYC 9:55

Prices change according to when you book. Bike space is limited, you must reserve.

[Contact Gotham Bike Tours for more information or to start your reservation](#)

# Empire State Trail Vacation

New York City - Saratoga Springs

**GOTHAM**  
BICYCLE TOURS



## Day 8 - The Hudson's History

**Thursday August 19**

**39 Miles. Mostly “stone dust” paved bike path with some roads in between. Hill at beginning of ride. Gradual elevation changes on bike paths**

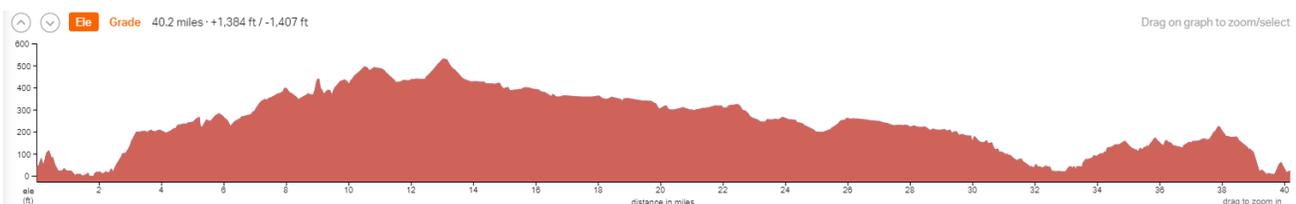
Head right out of the hotel and cross over the Hudson River to the City of Rensselaer, the home of “Yankee Doodle”. Rensselaer was also once the home to one of the first interurban trolleys in the nation that carried passengers on the same route you will be riding on today. The Empire State Trail runs atop its former tracks and provides a peaceful ride alongside rushing streams dotted with the remnants of the region’s industrial past. Then arrive in Hudson, the former terminus of this trolley line, which was chartered in 1785 by New England whalers who settled at the head of the river’s navigational waters.

We’ll have a picnic lunch along route with a wide selection of sandwiches. You can also opt-out and get your own lunch in any of the towns we pass through. The ride ends directly at a boutique hotel within walking distance of a number of great restaurants.

**Hotel:** [The Wick, Hudson](#)

**Meals included:** Breakfast and lunch

**Elevation profile:** Most elevation changes are very gradual due to the rail trail you will be riding on. The biggest hill is leaving Albany in the morning.



### **Starting on Day 8? How to get there:**

Amtrak train 63 Maple Leaf departs NYC 7:15 arrives Albany at 9:50. You will be met at the station for bag drop and orientation and you can begin the ride right from the station. Prices change according to when you book. Bike space is limited, you must reserve.

### **Ending on Day 8? How to get back:**

Amtrak 244 Empire Service departs Hudson 4:52 arrives NYC 7:05

Amtrak 64 Maple Leaf departs Hudson 7:37 arrives NYC 9:55

Prices change according to when you book. Bike space is limited, you must reserve.

[Contact Gotham Bike Tours for more information or to start your reservation](#)

# Empire State Trail Vacation

New York City - Saratoga Springs

**GOTHAM**  
BICYCLE TOURS



## Day 9 - Catskill Splendor

**Friday August 20**

**Ride length can be customized from 40 to 60 miles. Combination of bike paths & local streets. Some bike paths and roads are unpaved. A few hills.**

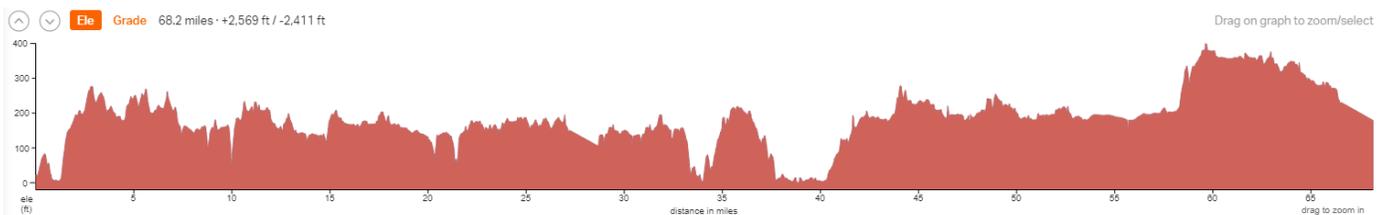
Start your day heading directly out of the hotel on beautiful backroads that pass through a bucolic college campus and by the grand estates once occupied by gilded barons of the 19th Century. Then vault across the Hudson River with the entire Catskill range as your backdrop. This is probably the most scenic day of the tour with near-constant vistas of mountains, rivers, farms and historic areas. This is also the only day we do not bring you a lunch since you'll be going through several towns with many, many choices, including a trailside cafe in the middle of the woods. You'll also get to ride over two huge railroad bridges with jaw dropping views.

While scenic splendor is the theme of the day, you'll also need to be aware that some of the bike paths and roads you will be riding will not be paved. So for this day, you'll want to be on a hybrid bike to check it all out. If you only have a road bike, we can give you a parallel route. Since our hotel is in Poughkeepsie, but not along the bike route, we offer a variety of end points for the day where you can be picked up and shuttled to the hotel. Then after we've all settled in, we'll have another group dinner at a [local brewery](#).

**Hotel:** [Hampton Inn by Hilton, Poughkeepsie](#)

**Meals included:** Breakfast and dinner

**Elevation profile:** There are hills involved in some areas as you go between the riverfront and



upland areas. Bike path segments are generally flat rail trails.

### **Starting on Day 9? How to get there:**

Amtrak train 63 Maple Leaf departs NYC 7:15 arrives Hudson 9:20. You will be met at the station for bag drop and orientation and you can begin the ride right from the station. Prices change according to when you book. Bike space is limited, you must reserve.

### **Ending on Day 9? How to get back:**

Hourly Metro-North Hudson Line train service from Poughkeepsie to Grand Central Terminal. Bikes allowed on train with no reservation. Discount rail fare available for \$16.25

[Contact Gotham Bike Tours for more information or to start your reservation](#)

# Empire State Trail Vacation

New York City - Saratoga Springs



## Day 10 - Appalachian Crossing

**Saturday August 21**

**40 Miles. Gradual elevation changes. Almost entirely on a bike path. All paved surfaces**

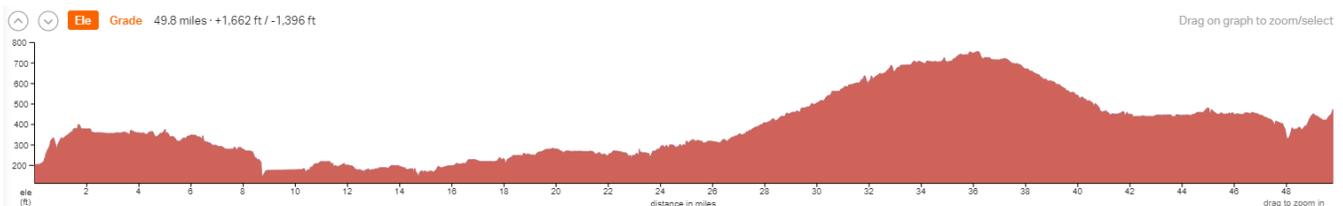
You may not know about New York's relationship with the Appalachian Mountains. They cross our region diagonally from southwest to northeast about 50 miles north of the city. While the Appalachian range is dwarfed by the nearby Catskills and Adirondacks, preservation efforts in this region have left it undeveloped. And once again, the Empire State Trail follows a former railroad line that once connected New England to the Hudson River. Begin the day on an enormous bridge that crosses the Hudson and enter an environment that is far from cars and highways where the sound of nature prevails as you pass through picturesque settings. And yes, you will cross the Appalachian Trail with its famous white blazes.

Since services along this part of the Empire State Trail are remote, we'll be offering a trailside lunch with a selection of sandwiches. Then pedal on to Brewster where you can spend the night just off the trail. There is a great Italian restaurant that is walking distance from the hotel. Or take your pick from several options that you can do on your own within a short drive of the hotel. (We will provide rides by request). End the night at an old-school billiards hall, or play mini-golf at an old-fashioned drive-in restaurant. Feel like music? We can also run you over to a nearby [music venue](#) owned by Daryl Hall (from Hall & Oates).

**Hotel:** [Comfort Inn, Brewster](#)

**Meals included:** Breakfast and lunch

**Elevation profile:** Gradual elevation changes on rail-trail bike path.



### **Starting on Day 10? How to get there:**

Take the 7:45 Metro-North Hudson Line train from Grand Central Terminal to Poughkeepsie. Train arrives at 9:48. You will be met at the station for bag drop and orientation and you can begin the ride right from the station. Bikes allowed on train with no reservation. Discount rail fare available for \$16.25

### **Ending on Day 10? How to get back:**

Hourly Metro-North Harlem Line train service from Brewster to Grand Central Terminal. Bikes allowed on train with no reservation. Discount rail fare available for \$12.50.

[Contact Gotham Bike Tours for more information or to start your reservation](#)

# Empire State Trail Vacation

New York City - Saratoga Springs

**GOTHAM**  
BICYCLE TOURS



## Day 11 - Lower Hudson Valley

**Sunday August 22**

**46 Miles, gradual elevation changes. Almost entirely on a bike path. All paved surfaces**

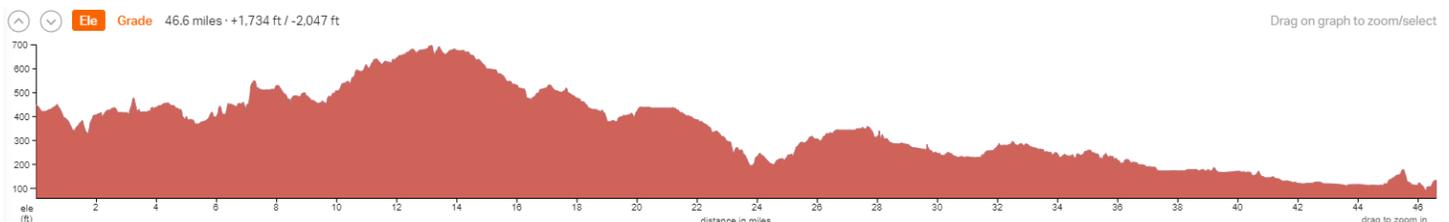
Begin your entry into the big city on a splendid bike path that was built atop a former commuter railroad line. The Empire State Trail takes you all the way to the last stop, but only after you pass through charming villages and hamlets that are nestled amongst farms, forests and the massive reservoirs that supply water to our thirsty metropolis. Have a great picnic lunch next to one of the former train stations where commuters used to catch the train. Choose from over 20 overstuffed sandwiches made to your order. Then pedal on to Yonkers, the fourth largest city in the state, right on the border with NYC.

Yonkers is famous for some of the best Italian food outside of Italy itself. Join us for a group pizza dinner, cooked in a brick oven that exceeds the quality you'll find in Manhattan. Or opt-out and do dinner on your own. An inexpensive Uber ride gives you access to countless great restaurants.

**Hotel:** [Hampton Inn by Hilton, Yonkers](#)

**Meals included:** Breakfast, lunch and dinner

**Elevation profile:** Gradual elevation changes on rail-trail bike path.



### Ending on Day 11?

**Car:** If you had parked in the hotel parking lot earlier in the week and been shuttled up, you would end at your car.

**Train:** Ride an additional 6 miles on the bike path and end at the #1 subway. Alternatively we can shuttle you to the Tuckahoe Metro-North Station.

[Contact Gotham Bike Tours for more information or to start your reservation](#)

# Empire State Trail Vacation

New York City - Saratoga Springs

**GOTHAM**  
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## Day 12 - New York City

**Monday August 23**

**24 Miles, relatively flat. Bike paths and city streets. All paved surfaces**

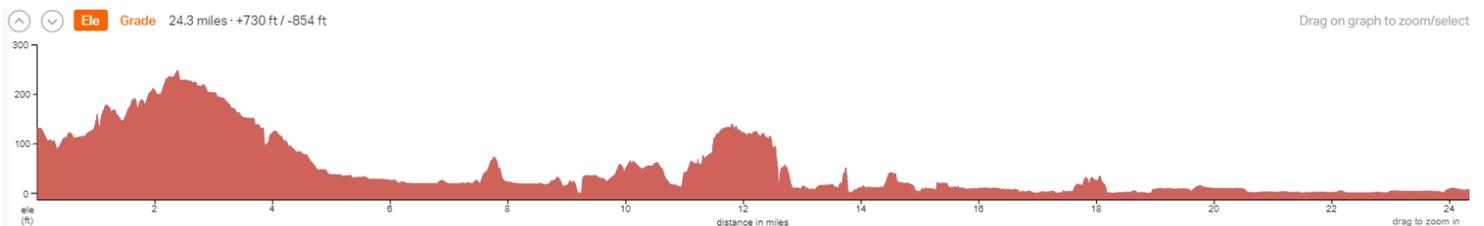
It's your triumphant entry into New York City! Head out of the hotel for the final stretch of the bike path you were riding on the day before. It ends in the Bronx where it is a 4-mile jumble of busy city streets before you get to the final stretch of bike path along the Hudson River Greenway in Manhattan. Lukas Herbert, the owner of Gotham Bicycle Tours, will lead this day of riding to give the group a more personalized tour. Lukas is a licensed NYC sightseeing guide and has 20 years of experience working in urban planning in both NYC and the Hudson Valley and can answer any questions about the places you will be riding through.

The ride ends at Battery Park, which once held the city's fortifications during colonial times. Take a selfie with the Statue of Liberty or World Trade Center in the background. You've just ridden your bike to the Capital of the World!

If you have accommodations lined up for a longer stay in NYC we will reunite you with your luggage in Manhattan. If you wish to return to the hotel in Yonkers after this day of riding, we can take you back there by train.

**Meals included:** Breakfast

**Elevation profile:** Gradual hill on bike path. One hill on city streets in northern Manhattan.



[Contact Gotham Bike Tours for more information or to start your reservation](#)